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Home Page: www.mindstrengthbalance.com

Wiring the Body Electric: Circuits 2

“The universe is a procession with measured and perfect motion.”
– Walt Whitman, from *I Sing the Body Electric*.

Becoming aware of your body gives you better control over your basic functions, and participation in them. The Wiring Your Body Electric series approaches your body's:

Current, defense and repair;

Frequency, sustenance and awareness;

Resonance: memory and growth.

These are living processes only that cannot be seen outside your body. They affect many parts at once and cannot be examined under a microscope in parts separately. By conjuring them into awareness you can better perceive, learn from, and support them.

In the first circuit visualization, the Heart Circuit, we followed the charge that polarizes the body. In this second circuit visualization, the Star Circuit, we follow the circulation of this charge through the body. The first circuit is analogous to ingestion. This second circuit is analogous to distribution, but it's the distribution of electrical not chemical energy.

The Star Circuit: a FREE MP3 Download

The Star Circuit visualization, an MP3 sound file, is now available on the Products page of my web site. This second visualizations of the body's circuits is listed for US\$5, but I'm giving you a purchase code to download it for free.

The FREESEPTEMBER coupon code will expire on October 1, after which the download will again cost US\$5. **Use this code now to download The Star Circuit at no cost!**

The audio file download page is here:

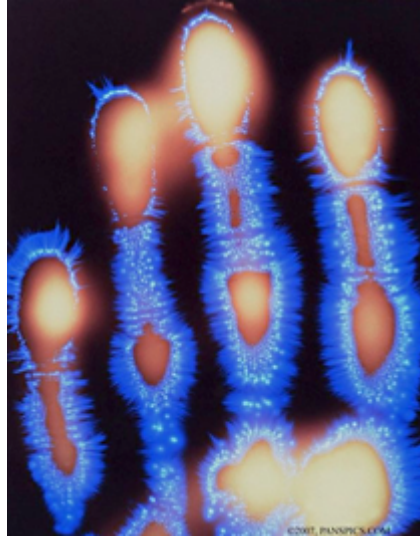
[The Body Electric: Circuits 2](#)

Click the "\$5.00 - Purchase" button you'll find there, enter your email address and the above coupon code. Once completed, you'll be sent a link with which you can download the audio file. That link will expire in 48 hours, so check your email and download the file.

In this visualization I draw your attention to the currents that flow from your core to your extremities. This Star Circuit nourishes the cells within, and inflates the aura that exists outside your body.

The visualization takes 20 minutes. Listen to it before bed each day for a week. I have been listening for 4 days. I do not remain awake until the end. In the morning I have been waking to recall powerful, illuminating dreams.

Let me know what happens!



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